

# Pest-B-Gone Spell Bowls

## Intention:

To prevent anything or anyone who has become a pest in my life from entering my physical space and my energetic field, especially without my content.

## Tools/Ingredients:

### Tools

- A small bowl for each doorway
- Your favorite incense

### Ingredients

- Rosemary
- Sage
- Thyme
- Cloves
- Cinnamon
- Peppermint
- Lavender
- Citrus peel (Orange or Lemon)

## Instructions:

- Cleanse bowls with incense
- Mix ingredients in a cereal or soup bowl (make extra for a batch for future use)
- Divide the mixture into the smaller bowls
- Put any leftover mixture into a mason jar with a lid. Make sure to label it.
- Sit the bowls in corners of ever doorway of your space

## Closing Incantation:

To any being with many legs or restless intent —human, insect, or unseen predator —you are not permitted within my physical space nor within my energetic field without my consent. By my will and my authority, I revoke your access. You are dismissed, you are barred, you are unwelcome here. Be gone. Do not return.

So, Mote It Be!

